

Natan Gendelman, Osteopathic Manual Practitioner, DOMP

Director of Health in Motion Rehabilitation Inc.

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PROFILE

- Energetic, experienced Osteopathic manual practitioner
- Founder of L.I.F.E. method (trademarked in Canada) - treatment and education for children with special needs
- CARE method and program founder - treatment of children and adults with different ailments.
- Neuro-Developmental Therapist,
- Fully committed to his patients.
- Demonstrated record of improving the health of patients with challenging conditions.
- Has helped patients whom other therapists were unable to assist.
- Extensive therapeutic training and experience.

EXPERIENCE

Development of LIFE concept, method and program

Health in Motion Rehabilitation Inc. Toronto, Canada (2001–2015)

Development of CARE concept, method and program

Health in Motion Rehabilitation Inc. Toronto, Canada (2001–2016)

Osteopathic Manual Practitioner and Director

Health in Motion Rehabilitation Inc. Toronto, Canada (2001–present)

Kinesiologist

Inter-Action Rehabilitation Inc Toronto (2002–2005)

Kinesiologist

Quick Care Rehabilitation Centre, Toronto (Aug 2000–Dec 2000)

Functional Evaluation Specialist

GTA Health Group Inc. Toronto (July 2000 – Oct 2000)

Functional Evaluation Specialist

Assessment Direct Company, Toronto (June 2000–Sept 2000)

Physiotherapist. Exercise Therapist

Meuhedet Out Patient Clinic and Home Care, Jerusalem, Israel (1996–1997)

Physiotherapist. Exercise Therapist

Klalit Out Patient Clinic and Home Care, Jerusalem, Israel (1994–1996)

Physiotherapist. Exercise Therapist

United Aged Nursing Home, Jerusalem, Israel (1993)

Physiotherapist. Exercise therapist

Bikur Cholim Hospital, Jerusalem, Israel (1992–1993)

Physiotherapist. Exercise Therapist

Zdorovie Medical Sanitation Co-operation Society, Leningrad, USSR (Russia) (1986–1989)

CONFERENCE PRESENTATIONS

2008

“The benefits of Osteopathy treatment for the patients with acquired brain injury,”

Acquired Brain Injury Conference.

2007

“Integrated Treatment of Complex Disabilities,” Opening the Sensory World to Children & Adults with Complex Disabilities Conference.

“Integrated Treatment and Rehabilitation at Health In Motion Rehabilitation,” National Case Managers Conference.

2006

“Integrated Treatment of Complex Disabilities,” Second Annual Come to Your Senses Conference.

SPEAKING ENGAGEMENTS

2008

The Big Carrot. Migraine headache, what causes migraine headaches, treatment, nutrition and pain management.

2007

The Big Carrot. Back, neck pain, prevention and treatment, nutrition and pain management.

Panel discussion – Alternative Health Care. Bernard Betel Senior Center.

Neurological Rehabilitation. North York Senior Center.

Causes, Prevention and Treatment of Arthritis. Fellowship Retirement Residence.

How to Prevent Arthritis, or Preventing the “Everywhere Pain.” Hazelton Place Retirement Residence.

2006

Safety Transfers, an Educational Workshop for Caregivers. Bayshore Homecare Company (Toronto Branch).

Living with Arthritis Workshop. Bernard Betel Seniors Center.

Pain Management Workshop. Beth Radom Synagogue.

Healthy Mother, Healthy Child Workshop. Chabad Lubavitch.

Guest Speaker, Jewish Russian Community Center.

Guest Speaker, Stroke Support Group. St. John’s Rehab Hospital.

Fitness Implications for Health. North York Senior Center.

Guest Speaker, Child Early Intervention Services of York Region.

Guest speaker, Parkinson’s Support Group. Edithvale Community Center.

Guest Speaker, Children with Disabilities Support Group. Silver Creek Nursery Day School.

WORKSHOPS

2013

Sleeping Issues Workshop. Health in Motion Rehabilitation.

Trunk Control Workshop. Health in Motion Rehabilitation.

2012

Developmental Delay Workshop. Health in Motion Rehabilitation.

LIFE Workshop. Health in Motion Rehabilitation.

Special Needs Workshop. Health in Motion Rehabilitation.

Special Needs Nutrition Workshop. Health in Motion Rehabilitation.

Workshop for Parents of Special Needs Kids. North Thornhill Community Center.

2011

You and Your Health: Spring. Health in Motion Rehabilitation.

You and Your Health: Winter. Health in Motion Rehabilitation.

2010

Children with Neurological Disorders such as Cerebral Palsy. Health in Motion Rehabilitation.

PROVISION OF TREATMENT IN HOSPITAL OR AT HOME

Providing in-home and on the job assessment. Includes functional evaluation of patients who have experienced motor vehicle accidents or work accidents.

Providing assessment, a rehabilitation plan, and treatment for orthopedic patients. Includes post-operative rehabilitation.

Providing assessment, a rehabilitation plan, and treatment for patients with cardiovascular disorders. Includes treatment for patients following open heart surgery.

Providing assessment and treatment for children with disabilities and delayed development. Includes workshops and consultation for families and children with delayed development and disabilities.

Providing assessment, a rehabilitation plan, and treatment for neurological patients. Includes patients dealing with: traumatic brain injuries; spinal cord injuries; Parkinson's; Cerebral Palsy; Multiple Sclerosis, and strokes (cerebrovascular accident).

Providing home care for disabled patients. Includes in-home assessment of ADL (activities of daily living).

Providing osteopathic manual therapy to reduce pain and improve range of movement.

EDUCATION

Canadian College of Osteopathy

D.O.M.P. (Diploma in Osteopathy Manual Practice), Toronto, 2004-2006.

Canadian College of Osteopathy

Pre-diploma thesis studies, Toronto, 1998-2004.

Physiotherapy School of Asaf Ha-Rofe Hospital

Diploma, Zrifin, Israel, 1991-1992.

Physical Culture and Sports Faculty at Leningrad Pedagogical University

Academic Records, Leningrad, USSR (Russia), 1986–1989.

Physical Culture and Sports College

Diploma, Leningrad, USSR (Russia), 1982–1984.

CONTINUING EDUCATION COURSES

The Cranial Approach to Beryl Arbackle, DO

UMDNJSOM, Stratford, NJ.

December 10 - 12, 2010.

Bloorview Kids Rehab

“Pediatic Stroke Symposium”

Toronto, Ontario. 2008.

OIAA 2008 Conference

“Professional Development & Claims Conference

Toronto, Ontario. 2008.

Acquired Brain Injury Conference

“Coming together Quilting the Pieces after Brain Injury”

Kitchener, Ontario. 2007.

3rd ICE Conference

Toronto, Ontario. 2007.

Spinal Cord Injury Conference

Toronto, Ontario. 2006.

Acquired Brain Injury Conference

“Looking back thinking forward”

Toronto, Ontario. 2006.

Endocranial Spasm (Part 2)

Philippe Druelle, DO, Canadian College of Osteopathy. 2005.

Endocranial Spasm (Part I)

Philippe Druelle, DO, Canadian College of Osteopathy. 2004.

The Therapeutic Effectiveness of Osteopathy

Viola Frymann, DO, FAAO. 2003.

Bobath Facilitation 2 Day Workshop

Focus on the Pusher Syndrome and Facilitation on Stairs.

Michelle Gerber, IBITAH (International Bobath Instructors/Tutors Association Adult Hemiplegia. 2002.

Assessment and Treatment of the Peripheral Joints

Based on the Maitland Concept. Certificate. Jerusalem, Israel. 1996.

Assessment and Treatment of Adult Hemiplegia

The Bobath Concept. Certificate. Hadassah Hospital, Jerusalem, Israel. 1995.

Adverse Neural Tension

Certificate. Jerusalem, Israel. 1994.

Assessment and Treatment of Children with Disabilities

Jerusalem, Israel. 1994.

Thinking of Motion

Certificate. Jerusalem, Israel. 1994.

Manual Spinal Therapy

Based on the Maitland Concept. Certificate. Jerusalem, Israel. 1993.

ADDITIONAL INFORMATION

- Strong knowledge of biomechanics, anatomy, functional anatomy, mechanics of the joints, the physiology of muscle action, and neurological function.
- Strong computer skills.
- Fluent speaker of English, Russian, Hebrew.